



**RESCUE
RESTORE
REBUILD**



CONTACT

If you're looking to partner with an organisation that is reaching and positively influencing thousands of young Australians, we invite you to consider ONE80TC.

1800 679 657
INFO@ONE80TC.ORG

PO BOX 6793
BAULKHAM HILLS BC NSW 1755

ONE80TC.ORG

One80TC provides an environment where those needing help to overcome life controlling issues and addictions can feel loved, accepted and cared for.

Our vision is to help people put their lives back together and set them on a pathway to success through each of our programs.

We also realise the importance of early intervention, and facilitate an alcohol and other drug program #NotEvenOnce® which is run through schools & community groups.

In addition to rehabilitation services, we have a focus on self-identity, family, relationships and personal development. Our programs are run as therapeutic communities and once participants complete our programs, they are encouraged to integrate back into the community and prepare to enter the workforce or gain further education.

GLOBAL

Our residential program, part of the Teen Challenge Global Network, is one of the largest and most effective substance abuse recovery and prevention programs of its kind.

Worldwide there are 1,400 centres operating in 125 nations.



ESTABLISHED

We exist to rescue lives from the devastating effects of alcohol and drug addiction, to restore hope and rebuild families.

Since 1977, ONE80TC has set the benchmark for rehabilitation in NSW with our Men’s and Women’s Residential Programs, Day Programs, Aftercare Program, Smart Recovery and early intervention #NotEvenOnce® School Program.



ONE80TC provides an environment where young men and women aged 18+ years can feel loved, accepted and cared for.

The ONE80TC program aims to eliminate self-destructive habits by meeting the needs of the whole person; not only dealing with the addiction, but also rebuilding self-image, work ethic, relationships and spiritual awareness.

We provide young people with a unique and rare opportunity to rebuild their lives through a holistic approach to their recovery which includes working with a team of professionals including a General Practitioner, Psychologists and Counsellors.

The ONE80TC program has a proven track record, helping young people address key issues in their recovery and to instil positive lifestyle values.

QUALITY

ONE80TC holds ISO 9001:2015 Quality Management Certification which assist with quality, improved efficiency, better customer experience and management, effective risk management, engaged staff management and utilisation of best practice management.



SUCCESSFUL

A report conducted by Dr Danuta Chessar of the School of Psychology, University of Western Sydney provides an independant evaluation on the residential program provided by ONE80TC. The evaluation aimed to examine the treatment outcomes, with some of the following highlights noted;

“This program is clearly successful. The quantitative data shows lowered levels of depression, stress and psychological distress.”

“This program deserves to be appropriately financed and supported so that more people in need can find a path to recovery and wellness. Finances need to be gained externally from government or private organisations as a matter of urgency.”

The report can be viewed at ONE80TC.ORG



RESIDENTIAL LONG-TERM PROGRAM

ONE80TC's Residential programs help men and women in their journey of recovery to break the cycle of drug and alcohol addictions and other life controlling issues, and rebuild their lives with a positive attitude, responsibility and trust.

MENS PROGRAM

Our mens facility has 43 residential beds and 8 graduate beds, and is supported by over 25 staff.

WOMENS PROGRAM

Our womens facility has 12 residential beds, and is supported by over 10 staff.

OUR RESIDENTIAL SERVICES INCLUDE;

Assessment and intake, Group Therapy, CBT & DBT Stage Work, Family Support, Caseworkers, Medical GP, Clinical Psychologist, Life Skills Training, Sport and Physical Education, Education Opportunities, Employment Skills, Aftercare Services, Graduate Program and more.

MORE INFORMATION

ONE80TC.ORG
1800 679 657

AFTERCARE OUTREACH PROGRAM

The Aftercare Outreach program provides individual weekly case management for those who wish to be held accountable to stay clean and sober as part of their recovery or detox journey.

Our Aftercare program is based at Kingswood with outreach to Blue Mountains and Hawkesbury regions. The service involves intake, assessment, and treatment planning for a program of support over approximately 6 months. The aim of the program is to prevent relapse.

Clients should have completed some form of rehabilitation or detoxification treatment prior to entering the program.

MORE INFORMATION

ONE80TC.ORG
1800 679 657



SMART RECOVERY

SMART Recovery groups are run by trained peers and professionals where participants come to help themselves and help each other using a variety of cognitive behaviour therapy (CBT) and motivational tools and techniques.

MORE INFORMATION

ONE80TC.ORG
SMARTRECOVERYAUSTRALIA.COM.AU



DAY PROGRAM

The Day Rehabilitation program is a relapse prevention and harm minimisation therapy group open to both men and women to strengthen and support each other in recovery with the aim of breaking the cycle of any addiction.

The program is designed to assist men and women 18+ through their journey of recovery. This program removes some of the obstacles of registering for a long term residential program, making it ideal for those who have work commitments, ex-prisoners, parents with children in their care, and others unable to commit to live in care.

MORE INFORMATION
ONE80TC.ORG
1800 679 657



#NOTEVENONCE®

#NotEvenOnce® is an early intervention program presented to high school students or community groups with a message of saying *Not Even Once* to drugs and alcohol.

A recent independent program outcome evaluation report from an Australian University on #NotEvenOnce® stated seminars to be *"significantly effective in increasing the knowledge, understanding about the connection between behaviours and values, and the likelihood of not engaging with alcohol and drugs"*

AVAILABLE FROM GRADE 5 - GRADE 12

MORE INFORMATION
ONE80TC.ORG

HOW YOU CAN HELP

As a Not-For-Profit organisation, ongoing support of our program is from the generosity of individuals and organisations via donations, sponsorships and fundraising events.

DONATE

Thank you so much for your generosity! To make a tax-deductable donation and help turn a life around, visit **ONE80TC.ORG/DONATE** or call **1800 679 657**.

SPONSORSHIP

We are always looking for support from sponsors who really want to positively impact the community. For sponsorship opportunities contact - **EVENTS@ONE80TC.ORG**

VOLUNTEER

To volunteer at a ONE80TC event - **EVENTS@ONE80TC.ORG**